

## **Shelter in place kit for people with pets**

A Shelter In Place kit should contain at least the following items. It doesn't need to be portable, however, it should all be stored together in a closet or basement (where you would go during a tornado or bad storm). You could create separate kits for the humans, dogs, cats, horses, etc. that live with you. It is recommended that you only remove an item from the kit if you need it to help you survive or if you are replacing an item that has an old expiration date with an item that has a newer expiration date. Keeping the shelter in place kit separate from the evacuation kit, you will always be ready to go at a moment's notice if conditions change.

### **For each human:**

- \_\_\_\_\_ A few sets of clothes for each season
- \_\_\_\_\_ Blanket/pillow and if possible, an inflatable mattress or a cot
- \_\_\_\_\_ Food that does not require refrigeration or cooking- Dry cereal, power bars, pop tarts, crackers, pre-cooked canned meat with pop top lid, etc. Enough to last 5 days
- \_\_\_\_\_ Bottled water – Enough to last 5 days. Drinking alcohol or soft drinks is not recommended because it can increase thirst and dehydration. Sports drinks (like Gatorade) are a good supplement to the water in a 5:1 ratio (5 water : 1 sports drink) Drinkable water may not be available. You don't want to use your evac supplies for this just in case you need to evacuate.
- \_\_\_\_\_ First Aid Kit – wound cleaner, Antiseptic ointment, Band-aids, Rolls of gauze, Sterile gauze pads, tweezers, ace bandage, paint stir sticks (for splints), analgesic (pain killer), benedryl & scissors
- \_\_\_\_\_ Flashlight – change the batteries each year
- \_\_\_\_\_ Battery powered lantern – change the batteries each year
- \_\_\_\_\_ Long burning candles (tall, narrow emergency candles)
- \_\_\_\_\_ A reminder note on top of the kit to grab your medications and take them to the storm shelter area (if applicable)

### **For each dog:**

- \_\_\_\_\_ Spare collar\* and leash (never know when one might break or get lost and you don't want to spend too much time looking for the regular leash and collar)
- \_\_\_\_\_ \*Collar should have your cell phone number and the number of an out of state friend or relative or the number of a national registry that has your contact info
- \_\_\_\_\_ Proper sized crate (the kind the folds up is easiest to store and can come in handy in many situations during an emergency)
- \_\_\_\_\_ Food – Changing your dog's diet in a stressful situation is not recommended. Each time you buy dog food, replace the food in the kit with a new waterproof 5 day supply.
- \_\_\_\_\_ Water – enough for 5 days in bottles. Replace with fresh bottles every 6 months when time change occurs. Drinkable water may not be available. You don't want to use your evac supplies for this just in case you need to evacuate.
- \_\_\_\_\_ A chew toy that won't upset the dogs stomach. Emergencies can be very stressful and giving the dog an outlet for that stress like chewing can really help
- \_\_\_\_\_ First aid kit – Same as human's except aspirin instead of analgesics, emergency muzzle, be sure benedryl has no additives
- \_\_\_\_\_ A reminder note on top of the kit to grab the dog's medications and take them to the storm shelter area (if applicable)

### **For cats:**

- \_\_\_\_\_ Spare collar with your cell phone number and the number of an out of state friend or relative or the number of a national registry that has your contact info
- \_\_\_\_\_ Proper sized crate (the kind the folds up is most easily transported and can come in

handy in many situations during an emergency) A fluffy towel or two for inside the crate can give the cat a place to hide and keep warm.

- \_\_\_\_\_ Food – Changing your cat’s diet in a stressful situation is not recommended. Each time you buy cat food, replace the food in the kit with a new waterproof 5 day supply.
- \_\_\_\_\_ Water – enough for 5 days in bottles. Replace with fresh bottles every 6 months when time change occurs. Drinkable water may not be available. You don’t want to use your evac supplies for this just in case you need to evacuate.
- \_\_\_\_\_ First aid kit – Same as human’s except no analgesics, a cat muzzle, and be sure benedryl has no additives
- \_\_\_\_\_ A reminder note on top of the kit to grab the cat’s medications and take them to the storm shelter area (if applicable)

**For horses:**

- \_\_\_\_\_ Food - Changing your horse’s diet in a stressful situation is not recommended. Each time you buy food, replace the food in the kit with a new waterproof 5 day supply. Several bales of hay.
- \_\_\_\_\_ Water – enough for 5 days in large jugs. Drinkable water may not be available. You don’t want to use your evac supplies for this just in case you need to evacuate. Replace with fresh bottles every 6 months when time change occurs. It may also help to include packs of kool-aid to flavor water from other areas that the horse may refuse to drink.
- \_\_\_\_\_ First Aid kit – Same as human’s in larger quantities plus leg wraps, hoof pick and clippers.

**For Birds:**

- \_\_\_\_\_ Food – Changing your bird’s diet in a stressful situation is not recommended. Each time you buy bird food, replace the food in the kit with a new waterproof 5 day supply.
- \_\_\_\_\_ Water – enough for 5 days in bottles. Drinkable water may not be available. You don’t want to use your evac supplies for this just in case you need to evacuate. Replace with fresh bottles every 6 months when time change occurs.

**For Exotics:**

Use the lists above to develop a list of supplies that are suitable for your exotic pet.