

K9 Fitness Badge Exercise Log

Dog:

Handler:

	Date	Type of Exercise	Warm up/ Cool down	Stretching	Aerobic activity	Week Total
Week 1						
Week 2						
Week 3						
Week 4						

Page Total:	
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Healthy Dog Exercise Log

Dog:

Handler:

	Date	Type of Exercise	Warm up/ Cool down	Stretching	Aerobic activity	Week Total
Week 5						
Week 6						
Week 7						
Week 8						

Page Total:	
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Log Sheet Total: (Incl. page 1)	
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